

Open Communication with your Doctor

Tips and tricks to have a successful procedure:

1. **The most important part of having a procedure done is doing your research beforehand.** When buying a new car, do you walk into any car dealership and tell the salesperson what you want, then let them choose your vehicle and features? Probably not. You do your research to determine what features, condition, mileage, and so on before stepping foot in a dealership. Why not do the same for something that could **cost you your life**?

myHealthAdvisor takes the exact principles of buying a car to help you find the **best procedure outcome**. We empower you to ask questions and **take control of your health**.

2. **Understand your body's trust level.** Do you ever make mistakes? Most people do, even doctors. But more **experienced doctors make fewer mistakes**. When undergoing a procedure, ask how many procedures the doctor has performed and about possible complications. Power is vital; you can and should decide who performs your surgery. Writing **'No fellows, no residents, no interns, no students performing the surgery'** on your surgical consent forms also may help ensure a better outcome.

3. **Did you know doctors may have privileges at more than one hospital?**

myHealthAdvisor lists and rates the hospitals where your physician practices. If your doctor practices at more than one hospital, **one hospital may have a higher composite score or procedure score**. Our ratings are calculated from CMS complication and mortality data that comes directly from the hospitals. You have more options than you are aware of, be prepared, and **choose the better performing hospital**.